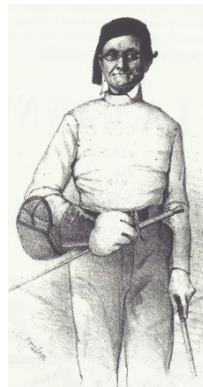


# Guide to the Game of the Cane

## M. Larribeau

Summarised by P.T. Crawley, 2016



### Part One

			Figure
1	Necessary equipment	<p>Glove with a buff or leather cuff</p> <p>A brassard furnished with canvas</p> <p>Mask with a wire mesh</p> <p>Belt to maintain firmness of the waist</p> <p>suitable shoes of soft leather that don't impede movement</p> <p>Mannequin-wooden board covered in leather or canvas, with a well-rounded back and hooks to hang it conveniently. 1.4m long and 40cm broad at its widest on top and 30cm at the narrowest below.</p> <p>Fitted with padding to give it an elasticity against bows for cane and boxing.</p> <p>This allows two students to practice while a third is taught by the teacher.</p>	1 5
2	Guide to stepping & retreating	<p>Mark a line in the salle marked as shown with intervals at 50cm thus;</p> <p>A.1.2.3.4.5.6.7.8.9.B</p> <p>Example: In true guard- left foot on A, right foot on 1: to advance carry the left foot from A to 2; having fallen into false guard, to continue to step advance the right foot from 1 to 3. Continue this up to B.</p> <p>To retreat:</p> <p>In true guard with right foot on b, left on 9, then carry the right foot from B to 8, left foot from 9 to 7.</p>	
3	First cane		

	exercises		
1	Right guard or body posture	Be upright, well balanced, canne in the right hand; held at the butt end, hand passed through the lanyard to retain it so that it cannot escape during the various actions; place the left hand behind the kidneys, elbow as close to the body as possible so that it is not hit by the turning of the cane; advance the right hand a little to chest height, arm slightly withdrawn, tip end at the height of the right eye, hand reversed with the nails under (in tierce as it is called in fencing); bring the heels into a right-angle, shanks well extended, head high, looking straight in front, chest well effaced.	
2	True guard	Bend both shanks while carrying the right foot forward a distance of 50 cm, from A to 1 both heels on the same line, body well balanced on both shanks	1
3	False guard	Action as before but it is the left foot which is carried forward, right arm a little extended, hand in the same position, left shoulder facing out in front of you	
4	Step & retreat	From true guard, left foot on A, right on 1, carry left foot in front of the right from A to 2, right in front of the left from 1 to 3, continuing to alternate these actions until you reach the end. Retreating is the opposite; right foot on B and left on 9, carry the right foot to b from 8 and the left from 9 to 7, coming into false guard	
5	Changing guard	True guard- left foot on 9, right on B, to change guard without moving from the spot make a half turn left with a pivot on the spot, feet staying at their respective points and turning to face A.	
6	Step without changing guard	True guard- to advance without changing guard, deliver an élan almost at the same time as the left foot, which is on the 1, takes the place occupied by the right, and the right foot is on 2 The guard is always the same, right foot in front of the left, thus facing to point B To go backwards make the same actions as for the step, but do them to the rear Cary backwards the right foot from B to 8 and the left from 9 to 7 and continue to the point of departure. These step action serve for attacks and ripostes which come later	
7	Simple face blows in true guard	In true guard raise the hand above the head, the butt of the cane directed to the left, hand reversed, nails up turned towards the left ear, next describe a horizontal line with the cane while extending he arm at full length to strike the top of the dummy (assuming the adversary's face), hand always reversed but will nails low. Having given the blow return to true guard immediately, body and hand in the previous position. Repeat this blow frequently to become familiar with it	1 2
8	Simple face blows in false guard	To develop the blow raise the hand above the head to the right while presenting the left side to face the dummy. Make the cane describe a horizontal circle above the head while extending the arm at full length; then withdraw the left shoulder to approach the right; reverse the hand with nails up to strike. Observe that you never extend the thumb along the cane; on the contrary hold it fully in the hand and make it roll between the first fingers an thumb; this is the best way to gain the	3

		most ease of movement in the wrist without fatigue.	
9	Doubles to face	Double face blow are effected in the same way as simple blows. Raise the hand following the same rules, but describe the first turn above the head without extending it towards a strike; the first turn is intended to give more force to the second, after which one extends the arm and strikes the dummy.	
10	Face blows-left	Place oneself as for the simple face blow; raise the hand towards the right while slightly inclining the body, roll the cane in the hand by describing a double horizontal turn above the head, then extend the arm and strike.	
11	Kidney blow	A few words to say on these blows: as for stomach, chest and leg blows there is no difference from the action of the face blow to right or left; one only acts to strike more or less low	
12	Head blows	Place yourself opposite the dummy, body straight and balanced, shanks extended, heel of the left foot opposite the middle of the right foot, left hand behind the kidneys, right arm reversed, tip-end in the direction of the dummy, hand reversed, thumb on top without being extended along the cane. Having taken this position, reverse the hand with nails underneath by raising the rear end to the left while tilting the tip of the cane in this direction then rapidly deliver the cane forward by extending the arm fully and strike a vigorous head blow, hand reversed and thumb on top, as stated in the previous paragraph. From this position raise the hand while letting the tip of the cane fall to the right, carrying it behind the kidneys. We repeat here that which we have occasion to say on the first action; if one wants to learn well the head blow one must repeat the blow on the dummy often; one must always maintain the right guard if one wishes to make the changes of blows from right and left with accustomed ease.	5 6 7
13	Double head blow	Place yourself in true guard with regards to the dummy; raise the hand towards the left as if developing a leg blow or a kidney blow; extend the arm fully while carrying the hand upwards and left to right by reversing to tierce in order to withdraw forward and above the head, the tip of the cane facing the dummy; then without stopping the action let it fall to the left to deliver it to the rear and then strike a head blow. Immediately return to true guard to remake the same action. This blow needs to be well studied to grasp the double action; once it is well understood it gives a great facility for learning the other head blows.	5
14	Head blow with moulinet	These blows are a principle movement in our system of defence A man well practiced in the action of the moulinet without parry can, stood still and without fear, reach an aggressor, even if he is armed with a heavier cane than your own; one can be certain that a well-executed moulinet, then or when he wishes to deliver a blow, will not encounter the parry; the blow will land Here is the position to take: In false guard, left shoulder facing the dummy, body effaced and towards the right but, with regard to the facing, the hand raised to the rear. In this position roll the cane to the rear upwards. Always rotate downwards on the left and upwards on the right because, in this position, it is the same to strike with a head	8

		<p>blow or a face blow</p> <p>For a head blow it is always at the moment that the cane rolls that one performs the action on the dummy</p> <p>Practice this often to own it</p>	
15	Pass forward	<p>The forward pass is a movement of five actions for a head blow, which needs to be studied carefully to be understood</p> <p>In true guard, hand in quarte, nails up; carry the hand to the left to develop a strong face blow to the right of the dummy, without stopping the action described by the cane; it must not strike but graze; immediately carry the hand and foot to the rear without changing face, always facing contrary to the dummy, take the first action of the moulinet (upwards) to extend the head blow forward, letting the cane fall to the left, to then withdraw downwards to the right, hand reversed, nails up, by carrying the tip of the cane to the rear to withdraw downwards by making it pass near the chest from left to right; finally withdraw the hand to the rear to remake the action of the moulinet which is then a strong head blow struck on the dummy; while rapidly advancing the right foot</p> <p>This blow is effective while pivoting on the left foot to remake the action if one cannot return to guard</p>	
16	Face to face for a tip blow with both hands	<p>Face the dummy, in left guard, shanks extended, as if the adversary is in front of you, tip in the left hand and butt held to the rear in the right hand</p> <p>To deliver a blow with a feint on the retreat quickly retire both hands to the butt end of the cane then strike rapidly with the tip at stomach height on the dummy; while giving the blow leap with both feet backwards to immediately land in true guard facing the dummy</p>	41
17	Tip blow facing with head blow	<p>Double the face blow to the right, while making it describe three turns above the head, to withdraw the tip opposite the dummy right hand placed on the chest, the elbow close to the body and the left foot forward of the right</p> <p>This position is more of a threat than a blow, it is a feint; to strike the butt to the face extend the arm fully, hand in the same attitude, nails on top, extending the cane along the thumb, only to direct the thrust in the same line</p> <p>As soon as the blow is made follow with a strong head blow while carrying the right foot forward to fall into true guard; make the cane describe another circle to the left and then withdraw the tip to you at eye-height</p>	28 30
18	Flying tip blow	<p>In true guard, develop a face blow to the left while letting the right foot fall forward; with a rapid action seize the cane by the middle with the left hand, which is slid immediately to the tip; then raise to left shoulder level, hand reversed with nails on top and thumb close to the tip of the cane, right hand staying at chest height. If necessary one can take this attitude during right guard</p> <p>This position makes up a feint of an attack; to perform this action extend the left arm fully while releasing the butt held in the right hand</p> <p>The blow stuck, immediately carry the left foot in front of the right, while releasing the butt of the cane which is withdrawn rapidly to the right and immediately seized by the pupil at temple-height with the right hand; direct at the same time forward, to the right, the tip at abdomen height to make a kidney parry.</p> <p>Following these circumstances make a head parry by raising both hands</p>	36 37 38 39

		A thrust can be followed at the same time with a head blow, by passing the cane upwards to withdraw it forward, the butt seized by the right hand	
19	Tip blow in false guard	Place the left hand on the chest holding the tip; this hand must be reversed and to the inside, thumb two centimetres from the tip, right arm withdrawn to the rear, right hand at chest-height, holding the butt of the cane In this position one is in measure to stop an assailant with a blow with the tip by extending the left arm and returning the right arm to the left to give more force to the action. One is found to be in a parry with both hands and by leaping backwards one can riposte with a face blow	41 32
20	Parries & ripostes-right	To parry a right face blow place yourself in the right guard, hand and nails outside and to the right, extend the right arm while carrying the hand a little to the right, the tip of the cane slightly angled to the left to avoid the cane of your adversary, when striking upon yours, sliding onto your fingers Having taken this parry make a riposte to the left by raising the hand to the right and describing a horizontal circle with the cane above the head, and next strike a face blow to the left by extending the arm fully and lunging with the right foot This blow, leading to a parry on the left and a riposte on the left, must be recovered from into the right guard, if one is not to be exposed to being trounced in the face or legs	12 4
21	Parries & ripostes-left	In the right guard, hand and nails reversed to the inside, raise the hand to the left ear, a little above the head, develop a right face blow, and upon the parry riposte to the left, lunging with the right foot Do not forget that each time that one delivers a face blow, while in right guard, one must lunge to make the riposte and recover to make the parry Parries and ripostes to the right and left are strongly important; they must be repeated often to render them familiar	
22	Kidney parry	The kidney parry is effected by blows delivered to the right After having made a parry, arm extended, hand at shoulder height, reversed with nails to the outside, tip of the cane low, raise the hand while making the tip of the cane pass to the left, next describe a horizontal circle above the head to make a riposte of a face blow to the left of the professor, while lunging with the right foot; recover immediately to remake the parry to the right These actions are effected in the false guard We recommend revising them often	20 30
23	Parry stomach & chest	Always in right guard, withdraw the hand to the left by only extending the arm forward a little The stomach and chest parries only allow one to render a simple riposte to either to the head or the adversary's left face. One can try however to feint to the head to render a face blow to the right As for the leg parry- we need not speak of such as the leg is never parried but defended with a slip or leap backwards to make a riposte either to the head, face or wrist or thrust to the face	
24	Parry& head blow riposte	Having parried the head in right guard, arm extended, hand angled forward and to the right, the tip of the cane to the left, slightly directed forward; let the tip of the cane fall while carrying the hand to the left, lunging quickly, making a riposte of a head blow at the professor, who then quickly remakes the	9 10

		right position with a riposte to head As before one must practice this action often	
25	Head parry, hand in quarte	This parry is taken most often after a face blow or left stomach blow In this action the position of the hand is no different from that which is taken in a left parry; raise the right hand to the left, the tip of the cane directed to the right The riposte to head is made after a head parry, hand in quarte It is of great utility, as one can see, to riposte with a blow to face, stomach or leg; it requires frequent and repeated study	17 18

## Part two

1	Step forward Retreat Break down of actions Step forward Retreat	True guard, raise the hand, develop a simple face blow to the right while carrying the left foot forward and to the right, and fall into false guard, then raise the hand to the right while developing a strong simple face blow opposite, immediately carry the right foot forward, and fall into true guard Continue the same actions until one arrives at the far end of the salle In true guard, develop a face blow to the right, carry the right foot backwards and fall into false guard Repeat the same action until one has returned to the point of departure The points are- A.1.2.3.4.5.6.7.8.9.B Pupil in true guard, left foot on A, right foot on 1, one wishes him to go forward With the right hand the pupil develops a simple face blow to the right, while carrying the left foot from A to 2 The face blow finished, one has fallen into false guard; to return to true guard and continue the advance, repeat the action of the simple face blow while developing it to the left and carrying the right foot from 1 to 3 The succession of movements will take you to point B The pupil arrives in true guard at point B, left foot on the point, right on 9 Develop a simple face blow to the left, while carrying the left foot to the rear from B to 8 The blow finished one has fallen into false guard; to continue the retreat repeat the simple face blow while developing to the right and carrying the right foot from 9 to 7 Repeat these alternately until the point of departure	
2	Same actions of stepping and retreating; double face blows	Develop the face blow, but instead of extending the arm on the first turn so that the cane describes above the head, make him describe a second while extending so that the arm strikes either left or right, depending on the guard This action is performed while advancing, or retreating	
3	Same actions of stepping and retreating; double face blows with a head blow	In true guard, raise the hand to the left while doubling a strong face blow to the right, and carry the left foot forward and to the right, from A to 2; stop the cane on the right shoulder while letting it fall to the rear, hand well brought in to the shoulder by lowering the elbow to have more force and then strike a strong head blow at the professor, who parries	

		<p>Repeat the same blows from point A to point B</p> <p>To perform a retreat-</p> <p>In true guard develop a double face blow while carrying the right foot to the rear and to the left, then having returned the cane to the right shoulder according to the principles shown above, deliver a violent head blow while withdrawing the left foot to the rear and right</p> <p>Do not stop until you return to point A</p>	
4	Double face blow and head blow with change of face	<p>In true guard, left foot on point A, right foot on 1, develop a double face blow to the right while advancing the left foot to point 2, withdraw the cane to the right shoulder and without stopping strike a head blow while carrying the right foot to 3</p> <p>Repeat the first action of the double head blow to the right, advance the left foot from point 2 to 4, strike the head blow opposite and carry the right foot from point 3 to point 5; jump forward while turning rapidly on the spot and while developing a double head blow and falling into true guard</p> <p>To perform the latter movement detach the left foot from point 4 to point 6 and withdraw the right foot to the rear and left</p> <p>Repeat these actions from A to B</p>	
5	Double face blow to the rear and forward	<p>In true guard left foot on A and the right on 1 develop a double face blow, the first to the right facing B while advancing rapidly the left foot to point 2, and the second to the right facing A (to the rear) with a brisk movement to the side, but without shifting the feet and falling into false guard; return the double face blow- the first to the left facing A while carrying the right foot quickly from 1 to 3, the second to the left facing B by repeating the brisk action to the side and falling into true guard</p> <p>Continue to point B and to beat a retreat back to point A perform the same series of actions</p> <p>The development of blows, as do the actions of the body, require the greatest nimbleness</p>	
6	Double face blow with head blow to rear & front	<p>In true guard develop a double face blow, the first facing B while carrying quickly the right foot to point 2 and the second to the right facing A with a brisk action to the side by pivoting on both heels and withdrawing the cane to the right shoulder, then without stopping strike the first head blow facing A, then make a new and prompt pivot, advance the right foot to point 3, extend a head blow falling into true guard</p>	
7	Double face blow with head blow to rear & front, double head blows forward and rear with an about-face and face blow chopped to the right	<p>In true guard develop a double face blow first to the right facing B, the second facing A while turning the body quickly to the right without stopping the action of the cane and while immediately carrying the left foot to point 2, immediately withdraw the cane to the right shoulder, face point B while pivoting rapidly on both heels and extending a double head blow, the first facing B while carrying the right foot forward with a jump from point 1 to 3, the second faces A, while advancing with a jump while turning the left foot on point 4; without stopping, develop, with an upward rotation, a face blow and face B by pivoting rapidly to the left</p> <p>Remake a double head blow, the first facing B while advancing the right foot from 3 to 5, the second faces A while quickly carrying, with a prompt pivoting action while jumping, the left foot from 4 to 6 and falling into true guard</p>	

		<p>facing A</p> <p>Repeat the action of the about-face and the series of other blows to arrive at point B</p>	
8	Double face blow to rear & front, double head blow to front & rear with about-face & chopping face blow to right	<p>In true guard, left foot on A, right foot on 1, double a face blow to the right while advancing the left foot to 2, the blow delivered (but not struck) make the cane describe a third turn above the head, while withdrawing the tip in front of you, right hand close to the right temple, elbow touching the body, extend the arm to full length and strike a thrust either to the face or the chest, then develop a head blow while lunging, right foot crossing from 1 to 3</p> <p>To retreat repeat the same actions</p>	28
9	Double face blow, tip blow forward and rear with an about-face and head blow	<p>In true guard, left foot on A, right foot on 1, double a right face blow while advancing the left foot to 2, the blow delivered make the cane describe a third turn above the head, while withdrawing the tip in front of you, extend the arm to full length and strike the blow, then develop a head blow, while lunging, right foot crossing from 1 to 3 and falling into true guard</p> <p>Remake the same actions to arrive with the left foot on 4, the right on 5, always in true guard, facing B, then develop a face blow facing B, rapidly pivot on the heels to face A, and withdraw the tip in front of you, in the position previously shown, extend the arm and strike at the same time extend a head blow, develop a face blow always facing A, and without stopping, with a sharp pivoting action, carry the left foot from 4 to 6 facing B, then withdraw the cane to the right shoulder</p> <p>In this position develop a double face blow, the first facing B while advancing the right foot from 5 to 7, and the second facing A while carrying, with a brisk pivoting action to the rear, the left foot from 6 to 8, and immediately make an about-face to arrive at 9 and B, falling into false guard</p> <p>Remake the same series of actions to return to the point of departure, A</p>	
10	Turning in 2 actions to the right and one action to the left with a single change of guard	<p>In true guard, the body well-effaced, the cane placed on the left shoulder like a neck-tie, tip directed at B, the elbow and hand as close to the body as possible, develop the first face blow to the right facing B while rapidly carrying the left foot to 2, strike the second blow facing A by rapidly turning the head and the body to the side without shifting from place, and withdraw the cane to the right shoulder, immediately facing B always in place while extending a third face blow and withdraw the cane to the left shoulder</p> <p>Having finished the action, turn the head quickly to the rear towards A, describe a first face blow to this point, develop the second facing B while advancing rapidly the right foot from 1 to 3, again turning quickly the head to A, strike a third face blow and withdraw the cane to the left shoulder</p> <p>Then continue with a single change of guard to point B. The same action for the retreat.</p>	34
11	Double face blows to front and rear while turning in four actions	<p>In true guard, cane on the left shoulder in the previous position, develop two face blows, the first facing B, the second A, while pivoting rapidly, left foot advancing to point 2 then return quickly to face 2, cane withdrawn to the right shoulder in the form of a tie, tip directed forward</p> <p>Remake the movement with two face blows, the first delivered facing, the second A, right foot withdrawn with a pivoting action from point 1 to 3, and face anew to B</p>	



		Continue these actions to point B The same actions for the retreat	
12	Turning in four actions with a single change of guard	In true guard, cane withdrawn to left shoulder, develop a double face blow to the right facing B while rapidly carrying and turning the left foot from A to 2, the right on 3 to strike a second face blow to point A, and without stopping deliver two face blows in place from one shoulder to the other, the first to the left, the second to the right, and stop the cane on the right shoulder The four blows are delivered without interruption while counting one, two, three and four, remake the blows shown to the left while carrying the right foot from 1 to 3 and then travel along the shown line from A to B, the same for the retreat to point A	
13	Turning in 6 actions with about-face, double head blow forward, rear and two changes of guard	In true guard perform the saem actions shown in the previous section, but strike six face blows instead of four while counting one, two, three, four, five and six to mark the blows These six blows are extended in false guard, right foot on 1 and the left on 2, cane on the right shoulder facing B, leap while turning rapidly to fall into two changes of guard, right foot on 3, and the left on 4 facing A, and strike while making an about-face, a double head blow, the first towards B, while in true guard, the second to A in false guard Remake then the first actions while developing a double face blow to the right, striking six blows, extending with two changes of guard with an about-face double head blow, one facing A and the other B. Face A and repeat the same actions on the retreat	
14	Turning in three actions on four facings, to the right	Here we have recourse to another stepping guide. It is not a straight line but a square with sides 1,2,3 and 4 and the middle 0 all at a distance of 80 cm thus, <div style="text-align: center;"> 1  2   0   4  3 </div> In true guard, left foot on 1, right on 0 facing 3, cane withdrawn to the left shoulder, develop a double face blow, the first facing 3, the second to 4, without stopping and with the same stroke of the cane, and while carrying at the same time the left foot by pivoting to the side thus facing 2, cane on the right shoulder, then develop a third face blow to the left to 3 and stop the cane on the left shoulder These three blows are only delivered with a single change of face from 3 to 2 For the second change of face, left foot on 3, right on 0, remake the double face blow to 1 always with the same stroke of the cane, while quickly carrying the left foot to 3 facing 1 and develop a third blow to the left to 2 while stopping the cane on the left shoulder For the third change of face pivot on the left foot from 3 to 2 facing 4 and remake the blows shown This turning is performed quickly without making the pauses which are shown in the break-down of these actions	34
15	Turning in three actions on four facings, to the left	In false guard left foot on 0, the right on 1, cane on the right shoulder, strike two face blows, first to the right at 3, second to left at 4, to deliver these two blows advance the left foot from 1 to 2, face 4 while turning the head towards 3, then facing next at the same time from 3 to 4, and without interruption develop a third face blow to the left	35

		<p>facing 4</p> <p>remake then in place a double face blow right and left while rapidly carrying the left foot to 3 facing 1 and 2 and then striking the third blow left facing 1</p> <p>Facing 1, repeat again the two face blows right and left while carrying the left foot to 4 and developing a third face blow to the left facing 2</p> <p>To face 3 carry the left foot from 4 to 1 while repeating the blows shown</p> <p>This turning differs from the previous in the footwork and demands a great deal of study</p>	
16	Evolution in four actions, while doubling two face blows, on four facings, to the right	<p>In true guard left foot on 1 right on 0, double two face blows facing 3 and 4, and stop the cane on the left shoulder; immediately pivot very rapidly on the right foot and quickly carry the left foot to 4, while doubling two face blows facing 2 and 4</p> <p>To remake the action, double two face blows right, stop the cane on the right shoulder then, without stopping, with a brisk action pivot on the right foot, carry the left foot from 1 to 3 while doubling two face blows always to the right facing 3 and 1</p>	
17	Voltes in four, five & six actions, in a straight line	<p>1<sup>st</sup>- volte in four actions to the right</p> <p>In true guard left foot on A, right on 1 develop the first face blow right facing B, while hopping the left foot to 3 and with a rapid pivoting action jump the right foot from 1 to 4 to strike a second face blow right facing A; then without shifting from the spot with a simple inflexion of the body, a third blow to the right facing B and a fourth to the left facing A</p> <p>Immediately remake the same movements to leap in turn to points 5, 6, 7 and 8</p> <p>2<sup>nd</sup>- volte in four action to the left</p> <p>From the latter points 7 and 8, that is to say after three voltes, and in false guard, cane stopped on the right shoulder, facing A, double a second face blow to the left to A, while passing the right foot from point 8 to 6 and left foot from 7 to 5, immediately carry two blows left to B, a third again to the left to A, then a fourth to the right to B, cane stopping on the right shoulder</p> <p>3<sup>rd</sup>- voltes in five and six actions to the right</p> <p>After having leapt as has just been explained from A to 1 and 3 to 4, while striking three face blows right, immediately develop without shifting from the spot two face blows left, two others to the right, then two others to the left, while counting 1,2,3,4,5 and 6, stop the cane on the left shoulder, remake the second volting action to the right with six face blows; finally perform a third leap, but not counting the five blows while stopping the cane on the right shoulder</p> <p>To return to the point of departure A, perform, according to the same rules, the same actions, but to the left</p>	
18	Rear voltes	<p>In true guard right foot on A, left on 1, but facing A, strike two face blows right while leaping to the rear, left foot on 2, always facing A, pivot at the same time on the right foot from 1 to 3, delivering two other face blows right, then facing B, roll the cane quickly in a circle and leap while turning to the right to face A, right foot on 5, left on 6 while crossing point 4; double again four face blows to the right; the first blow leaping to the rear left foot on 9, on the</p>	

		<p>second blow deliver while pivoting on the right foot on 8 facing A, cane on the right shoulder</p> <p>To return to the point of departure, jump forward fully while turning oneself from 9 to 8 to points 7 and 6, and while developing two double head blows, cane passing to the left, facing B, immediately half-turn to A, without shifting form the spot, to strike a double head blow</p> <p>Continue these actions until the point of departure, A, to arrive facing B</p> <p>One must note that each time one jumps forward with a double head blow one departs with the left foot facing A, cane on the right shoulder and after the two changes of guard effected in the action one is found to face B; it is for this reason that to strike facing A, one makes a half-turn in place</p>	
19	Moulinets in a straight line	<p>In true guard first double a face blow while carrying the left foot to point 2, then without stopping advance the right foot to 3, falling into true guard and strike a double head blow</p> <p>Repeat these actions of the double face blow and double head blow with two changes of guard up to point B</p> <p>To beat a retreat, carry the right foot to the rear from 9 to 7 while doubling a face blow, and carry the left foot from 8 to 6 while striking a double head blow</p> <p>In these actions hold the right hand raised to the rear to make the cane quickly describe a horizontal circle which one passes through, left hand behind the kidneys, chest well effaced, right shoulder facing out in front of you, body slightly inclined to the left to give more élan in the action of the rotation of the cane in the head blow</p>	7
20	Moulinets by about-face, to the rear & front	<p>In true guard double a face blow right and carry the left foot to 2, make a moulinet, immediately develop a double head blow while hopping the right foot from 1 to 3, with the same élan, with a rapid left turn pivoting from 2 to 5, withdraw the cane to the right shoulder and strike a second head blow, falling into true guard facing A</p> <p>In this position extend a face blow facing A, pivot while carrying the feet from 4 and 5 to 7 and 9, stop the cane on the right shoulder and, in this pivoting action, strike a double head blow, one in front, one behind</p> <p>After this double change of guard and facing, without stopping make a half-turn to B, pass the cane to the right shoulder and strike a double head blow facing B; while striking this double head blow carry the right foot from 7 to 9, then pivot while advancing the left foot to B and extend a second blow facing A</p> <p>While passing through all these movements shown return to the point of departure A, in true guard</p>	
21	Triple moulinets and about-faces forward, to right & left	<p>In false guard send a double face blow, left foot advanced to 2, strike, while making an about-face from points 1 and 2 to 3 and 4, a double head blow, the first to B, the second to A; immediately these two blows are struck, without stopping the rotating action of the cane which must continue to describe a horizontal circle, make a half-turn left to B</p> <p>Repeat the action which has just been shown a second time, then for a third time, arriving then at points 9 and B, left foot on B, right on 9, staying facing A, after having struck a double head blow, withdraw the cane to the right shoulder and develop four face blows making an about-face left; for the first blow carry, while leaping, the left foot from</p>	

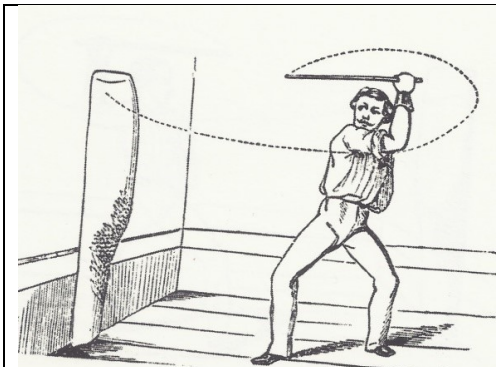
		<p>B to 7 and the right foot, passing it behind the left, from 9 to 6, stop the cane on the right shoulder, turning the head to the left while developing four face blows to the side, jump at the same time with an about-face to the right from points 7 and 6 to points 4 and 3 while extending a face blow right to withdraw the cane to the right, make a moulinet, then with the cane in movement, with this movement strike a double head blow while turning to face B, right foot passing from point 3 to point 1 and the left from 4 to A, in true guard</p>	
22	Turning in six actions, in place, on four facings	<p>To understand this turning we shall draw the the four points shown, as follows;</p> <p style="text-align: center;">1 2   0   4 3</p> <p>In true guard left foot on 1, right on 0, develop the first face blow facing 3, done following a head blow to the left, with a half-turn left while pivoting on both feet, cane passing to the left, hand raised, reversing the nails upwards, tip of the cane directed at point 1</p> <p>Then develop without delay, without stopping, a double head blow, the first to the right facing 1, the second facing 3, while turning rapidly to the side, immediately strike and following with a face blow and withdraw the cane to the right shoulder</p> <p>With these actions one beats facing 1 and 3</p> <p>To beat facings 4 and 2, double to the right a face blow, while pivoting the left foot on 4, cane withdrawn at the same time to the right shoulder, develop with the same élan a double head blow to 4 while striking the first blow at 2, and with a rapid half-turn in place with body and head to the left, the second to 4</p> <p>Pass, for this action, the cane while raising the hand reversed with nails up, the tip of the cane in front of you</p> <p>To beat the other two faces, commence by doubling a face blow to the right, pivot rapidly to the left, while delivering a head blow and follow with e series of actions we shall show</p>	
23	Voltes on four facings, with moulinet and head blow to fall into true guard	<p>In true guard in the marked by the tracing drawn above, separate the right foot to the right. While raising the hand to the left, then develop four face blows right, while carrying the left foot in front of the right to the right; continue the action of the four face blows to the right, make a rapid half-turn while hopping the left foot to the right, left foot in front of the right facing 4, the cane stopped on the right shoulder, strike a double head blow, the first send facing 4, the second facing 2, while jumping rapidly to the side with a half-turn to the left, left foot thus found in front of the right</p> <p>From this point immediately raise the hand to the rear, perform the moulinet and strike a double head blow , both while pivoting on the left foot, right foot sent forward, the first blow struck facing 4, the second facing 2, and falling into true guard, facing the side</p> <p>Then double two face blows, the first facing 2, the second facing 4, with a half-turn to the side and falling into true guard facing 4</p> <p>The tracing:</p> <p style="text-align: center;">1 2   4 3</p>	

		To cross the four points of the tracing shown remake the actions that we demonstrate by following the order of their indication	
24	Volts by slipping on four facings, double development in place with double moulinet, and about-face with double head blow	<p>In true guard, facing point 3, commence by developing a double face blow right, to immediately make a slip to the right, while volting with four face blows right with the same changes of guard as in the 23<sup>rd</sup> section</p> <p>Arrive at point 2 facing point 4 with four face blows while pivoting, continue the action while raising the hand to the rear and making a moulinet, left foot forward, leap to 4 with a double head blow, the first facing 4, the second turning rapidly to 2, finding yourself facing 2</p> <p>From this point about-face while first developing a face blow facing 2, then, while pivoting on both feet, the first to 2, the second to 4; then double a double face blow while jumping with two changes of guard to the right, the first delivered to 2 and the second to 4; without stopping the action of the cane raise the hand to the rear, left shoulder facing 4, perform the moulinet and strike a double head blow right foot carried forward, to fall into true guard facing 4</p> <p>Remake then the full series of blows shown during the course from point 1 to point 4 to complete all four faces</p>	
25	Swing chop, double development in place, first forward with four face blows right and the second with a double head blow in place with half-turn left in place on the left foot, jump forward with four face blows and double head blow	<p>In true guard in a straight line from A to B, which is traversed, place the cane in the position shown in 32, right hand on the chest, tip of the cane a little inclined to rear and left, make a double development with a action shown in 3,4 and 5 of the first section, all in place, then develop four face blows to the right, while volting forward</p> <p>To exercise this action detach the left foot from A and carry it to 3 while turning to the right, right foot passing behind the left foot and going to be placed on 4</p> <p>While performing this roll the cane horizontally so as, on the fourth turn, it stops on the right shoulder, facing point A</p> <p>Immediately double two head blows in place, the first facing A the second facing B, while rapidly turning to the left</p> <p>In this action the left foot is detached from point 4 passing in front of the right foot to point 5, while following the movement of a double head blow and facing then to B</p> <p>In true guard at this point jump forward while developing four face blows while turning to the right, cane withdrawn to the right shoulder, make a new jump forward, right foot carried forward and send two face blows, the first to B, the second with a half-turn to face A, falling into true guard</p> <p>To return to the point of departure, A, remake the series of actions shown</p>	
26	Swinging chop about-face in place with forward jump with a double head blow, chop to the side while pivoting in place	<p>In true guard, perform a swinging chop and volte, face in place; after a double head blow, right foot found on 4, left on 3, facing A; at the second head blow, then double two face blows, right foot staying in place, left following the action of the cane, body angled with each blow either left or right, foot following the action depending upon which blow is delivered either left or right</p> <p>Swinging chop right, cane withdrawn to the right shoulder, left foot stopping on 3, facing B, advance the left foot to 5 and right on 4, and jump forward all while pivoting with a double head blow, from points 4 and 5 to points 7 and 8 while crossing point 6</p> <p>To perform this action, carry the right foot to 7; then</p>	

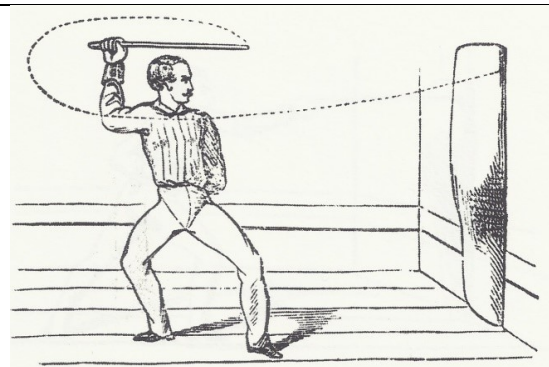
		<p>striking the first head blow, and the left foot on 8, while making a half-turn and striking the second face blow facing A</p> <p>From this point, make a half volte with two changes of guard, to arrive at points 9 and B, facing A</p> <p>Repeat it all, to finish at A, facing B</p>	
27	<p>Turning in four actions, while pivoting in place to face two sides, about-face to the right, double chop right and left while pivoting in place; jump forward and about-face with a double head blow</p>	<p>In true guard, develop two face blows right and a third blow left; the first blow struck facing B, carry the left foot from A to 2 and strike the second blow at A while making a half-blow in place, and making a slight pause with the cane on the right shoulder. Strike the third blow to the left without shifting from the spot</p> <p>Remake the double chop to the right while carrying the left foot to A, and striking the second blow to B; then, without shifting from the spot, develop a third chopping blow to the left, cane withdrawn to the left shoulder; then volte forward with four face blows while passing the right foot from A to 3 and, while turning to the right, withdraw the foot from 3 to 4</p> <p>From this point, perform a double chop while turning on all four facings with a pivoting action on the right foot; then carry the left foot from 3 to 5, cane stopping on the right shoulder, jump towards B, strike a double head blow while turning, the first blow delivered to B, the second to A; then perform a double about-face while turning rapidly to the left, to return to point B, facing A</p>	
28	<p>Double swinging chop forward, about face in place, double chop, double chop right and left on four facings, volte right and left in a straight line</p>	<p>In true guard, the right hand on the chest, tip of the cane to the rear, the first swing carrying the left foot to the right heel on point 1; to take the right guard, immediately strike a swinging chop, while carrying the right foot from 1 to 2, then, on the second swing, bring up the left foot to the right heel again, to point 2, in right guard</p> <p>Remake a new swinging chop while carrying the right foot to 3, strike a side chop while turning the head to A; deliver a double head blow, in front and behind, after the second blow; volte, in place and pivoting on the left foot, facing B</p> <p>Then double a face blow right, while carrying the left foot from 2 to 4, and withdraw the cane to the right shoulder</p> <p>Immediately make double chops to the side beginning on the left; pivot on the right foot after the double chops on all four facings, and stop the left foot on 5 while looking towards B</p> <p>Immediately carry the cane to the right shoulder, right foot on 6, while doubling a face blow right, making with the same stroke a four actions to the right with two changes of guard, and then arrive at point B facing A</p>	32
29	<p>Flying but blow, two handed parry, double volte to the left, horizontal side chops in three actions on four facings, pass forward in place, double head blow</p>	<p>In false guard double a face blow left facing B, carry the right foot forward and seize the tip of the cane with the left hand as shown</p> <p>Carry the right hand to the chest and the left to the rear</p> <p>From this point strike a flying but blow while letting go with the right hand, then without letting go of the cane with the left hand seize it by the grip with the right hand, while advancing the left foot and making a guard with both hands</p> <p>Then send four face blows while voting to the left, develop horizontal chops in three actions while pivoting on the right foot; stop with the left foot towards B and the cane on the right shoulder, strike a double head blow while pivoting in place, perform a pass forward on four facings to then jump</p>	36 38

	while jumping and about-face in place	with a double head blow towards B while finishing, and about-face in place to face point A Remake the same series of actions to return to the point of departure, A, facing B	
30	Double thrust with two hands, parry of two hands, double face blow while pivoting on the left foot, double side chops while pivoting on the right foot and while tuning through all four facings, about-face forward and moulinet to jump to the side with a double head blow	<p>We need to reproduce the four facings to understand the different movements</p> <p>1 2 0 4 3</p> <p>In false guard, cane in both hands, threaten a thrust to the left immediately extending the left arm which is found pressed on the chest to retake the tip of the cane with both hands, then without letting go with the left hand in the position the flying thrust, deliver it, while taking up a parry with both hands, facing 4</p> <p>In this position triple a face blow to the left while pivoting on the left foot after having let go the cane with the left hand</p> <p>Then facing 1, cane on the left shoulder, left foot behind the right, perform a volte to the right with two changes of face while carrying the left foot forward of the right and the right behind the left, and make a moulinet action facing 4</p> <p>Immediately jump from point 1 to 4 with a double head blow, while falling into false guard with a second blow facing 2</p> <p>Immediately return to the initial position, in false guard, left hand on the chest, in the position shown above</p> <p>To pass through all points on the diagram one must repeat the previous series of actions three times</p>	41

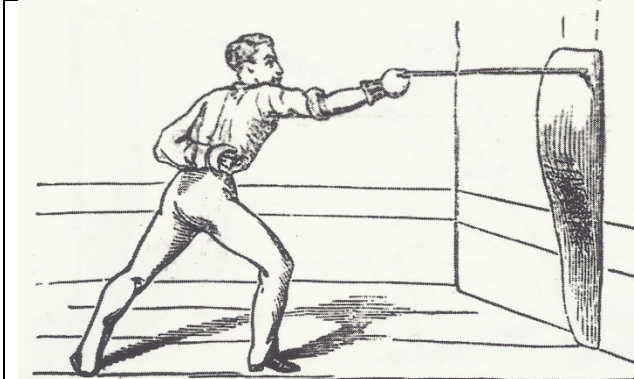
## Figures



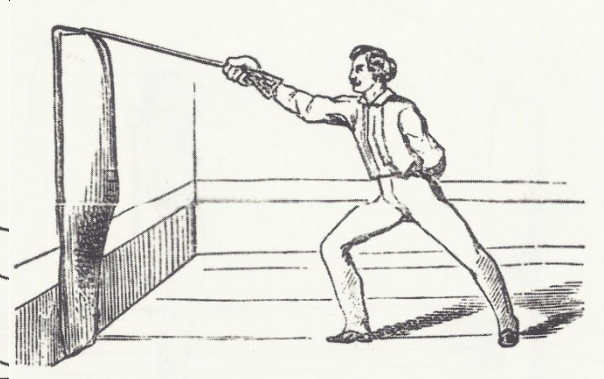
1 & 2- the dummy; pupil developing a face blow from true guard



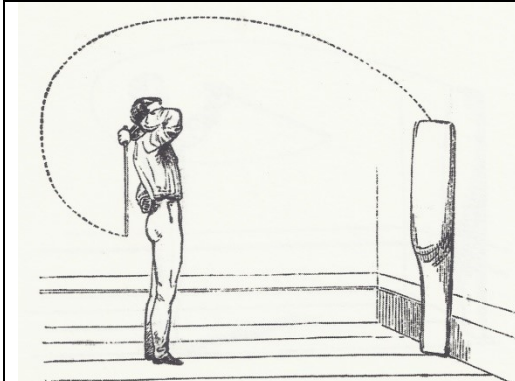
3- the pupil developing a face blow, left or false guard



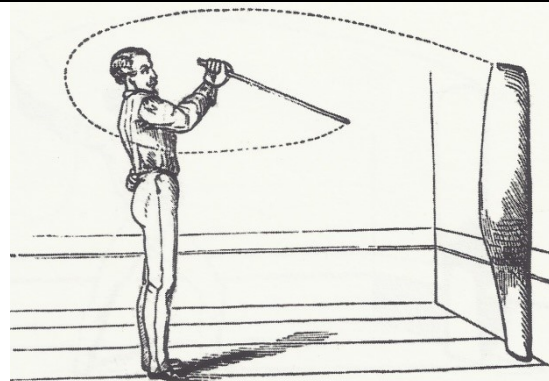
4- the pupil develops a face blow right, while lunging, hand in quarte, thumb on top



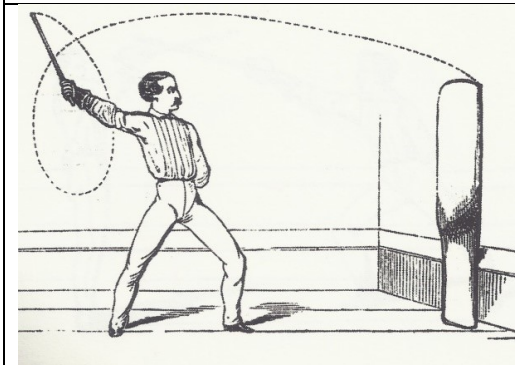
5- the pupil striking a head blow, while lunging, hand in quarte



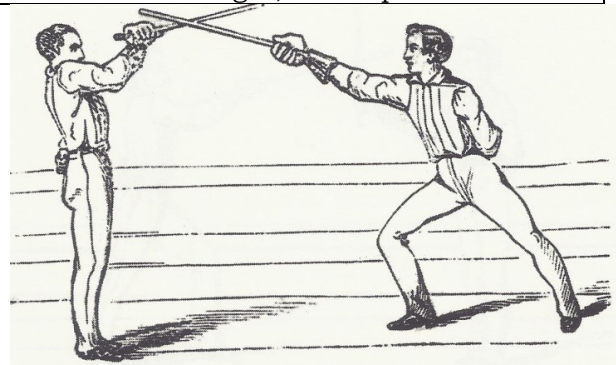
6- pupil in right guard, preparing a head blow



7-pupil preparing a head blow while passing the cane to the right, nails up

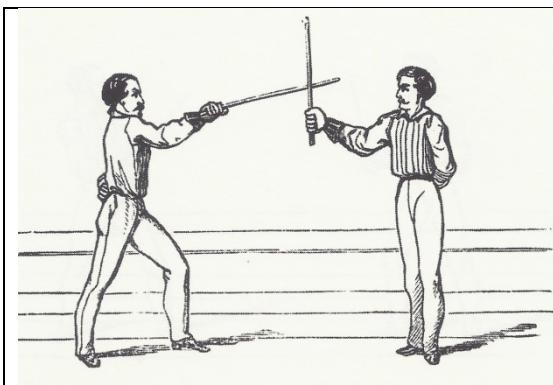


8-pupil making a moulinet to strike a head blow

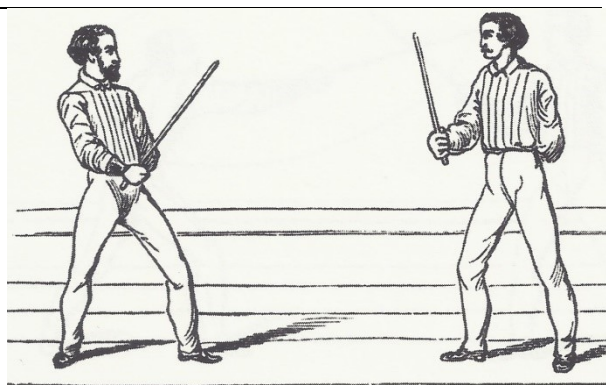


9 & 10- pupil defending the head against a head blow on the lunge

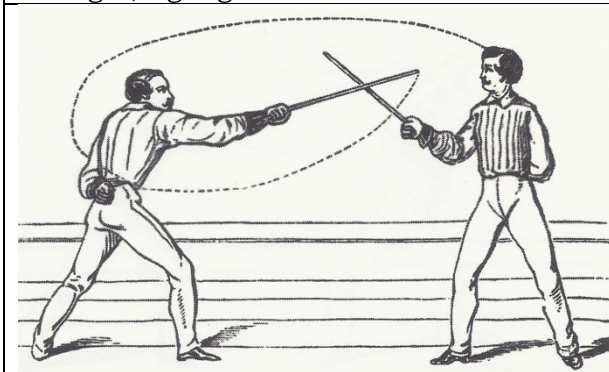




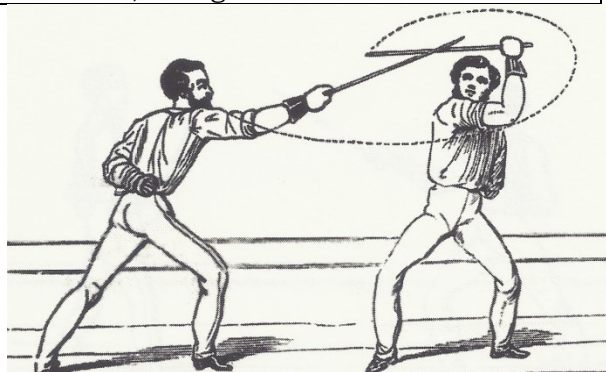
11 & 12- face blow, false guard, hand in tierce, face parry, hand in quarte defending the right, right guard



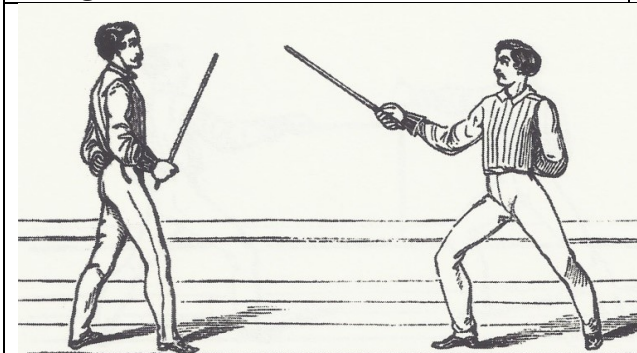
13 & 14- preparations for a face blow in false guard, hand in quarte, and face parry to the left, true guard



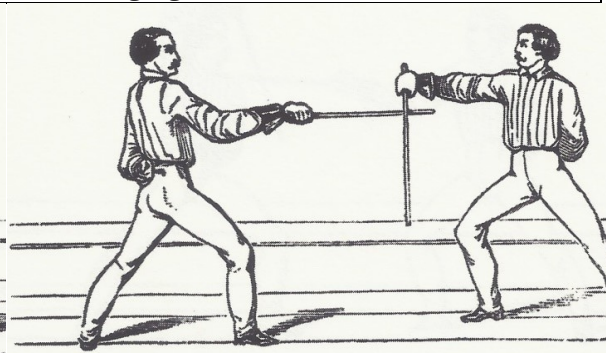
15 & 16- thrust completed, following a head blow, on the lunge facing the professor, in true guard



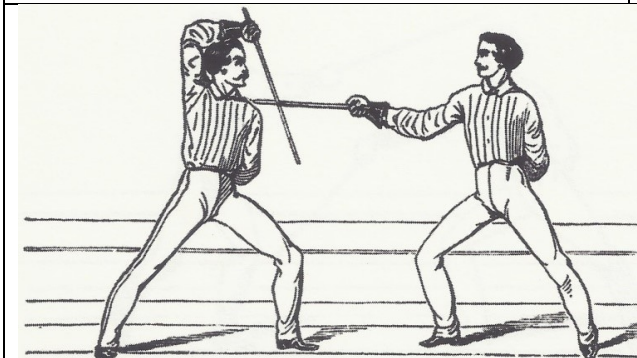
17 & 18- head parry, hand reversed to quarte, in true guard and a head blow, while lunging



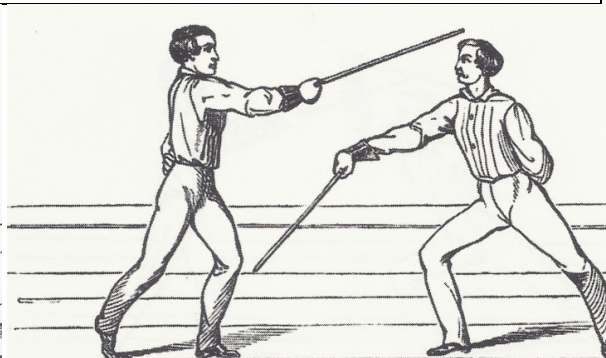
19- preparation for a swinging chop in true guard, facing the professor who takes a parry with a low hand



20 & 21- Kidney blow while lunging, kidney parry to the right, while in true guard

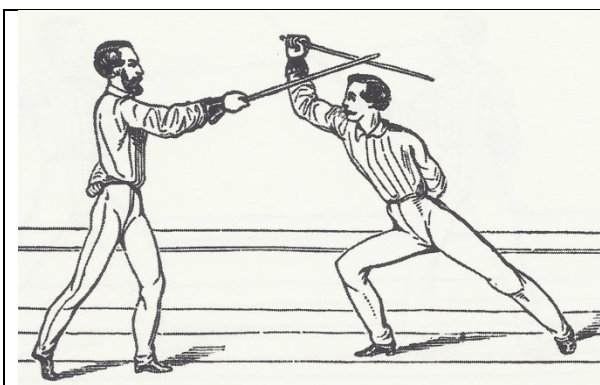


22 & 23- kidney parry in false guard and kidney blow

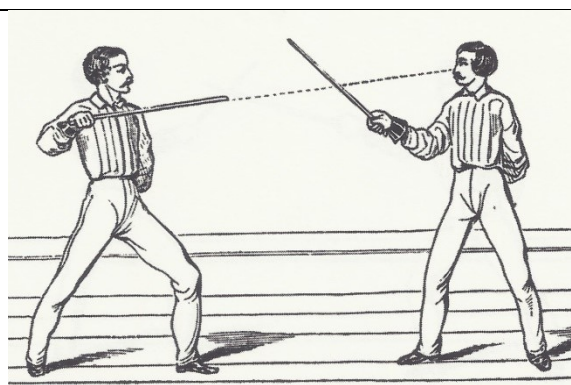


24 & 25- leg blow while lunging, slipping the right leg and head blow, in false guard

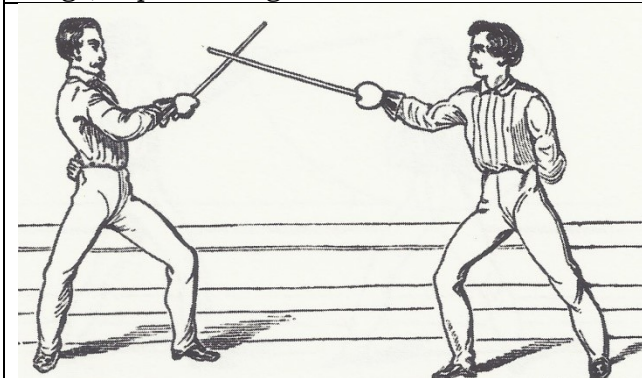




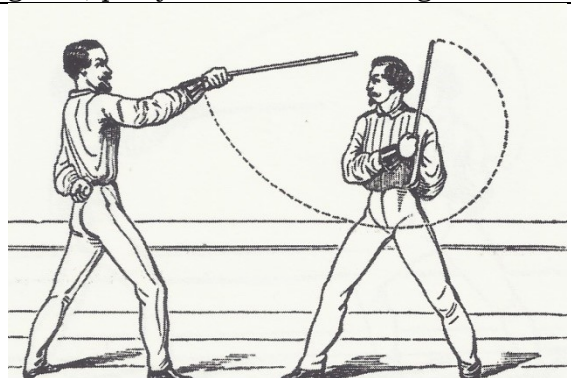
26 & 27- Head parry after a leg blow, on the lunge, slip of the leg and head blow



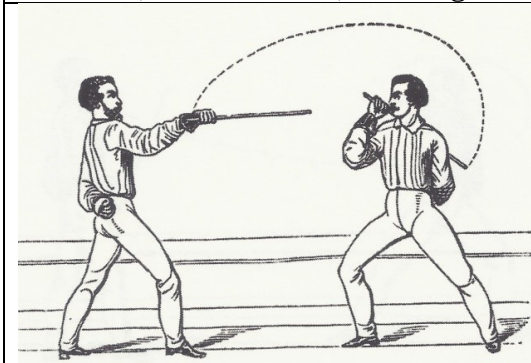
28 & 29- Feint a simple thrust, in false guard, parry the thrust in true guard



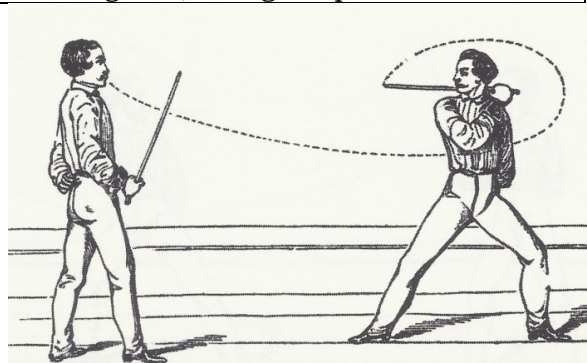
30 & 31- Face parry right, in false guard and face blow, hand in tierce, in true guard



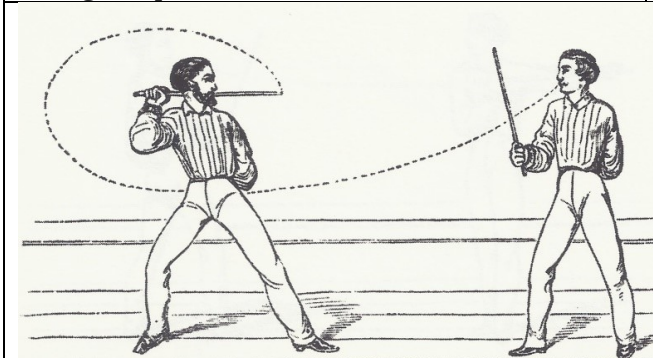
32- swing or wrist chop upon a head blow, in true guard, facing the professor



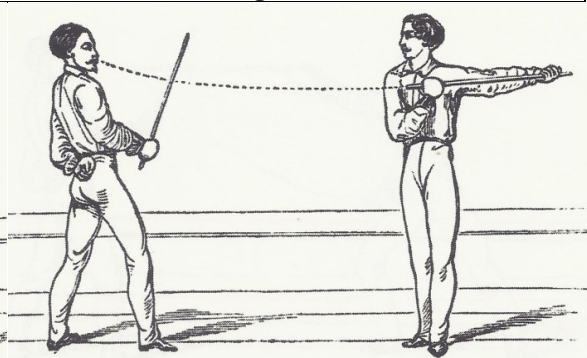
33- wrist chop after a swing, in true guard, facing the professor



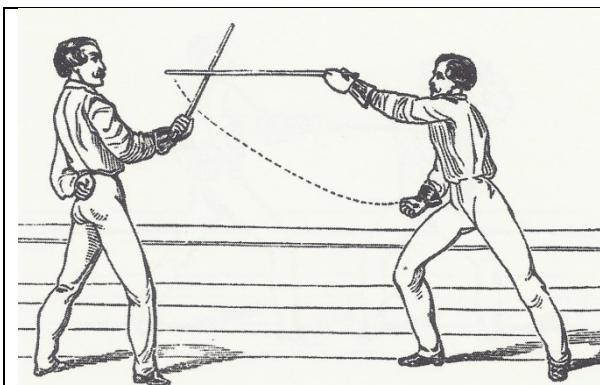
34- preparation for turning on four facings and voltes to the right



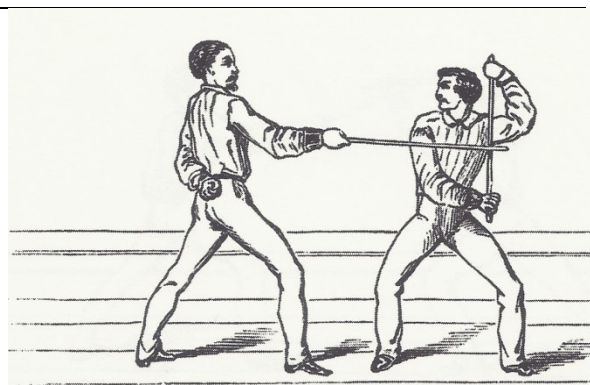
35- preparation for double voltes to the right and left and voltes to the left facing the professor



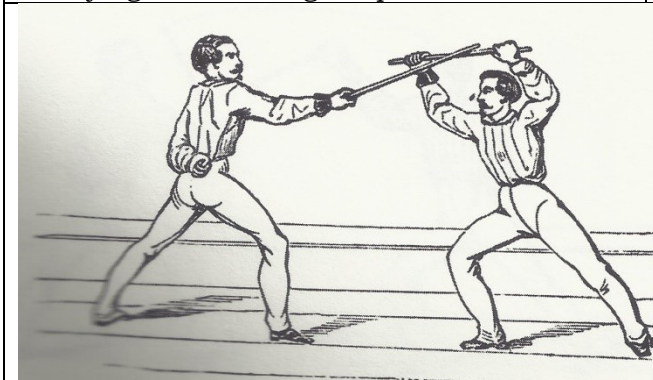
36- feint a flying thrust facing the professor



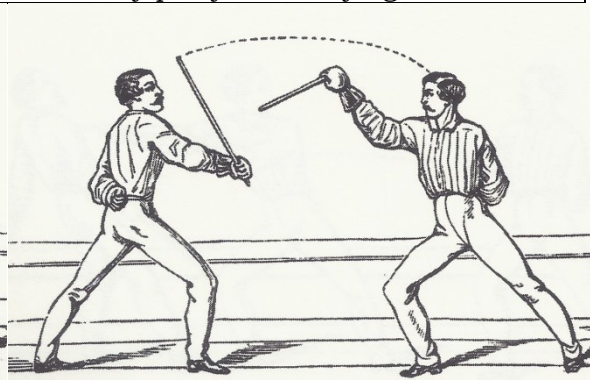
37- flying thrust facing the professor



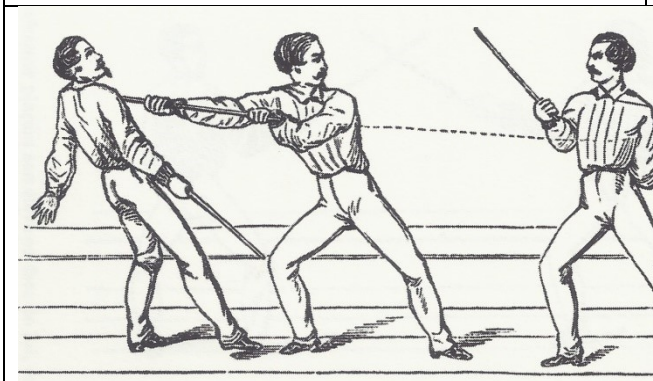
38- kidney parry after a flying thrust



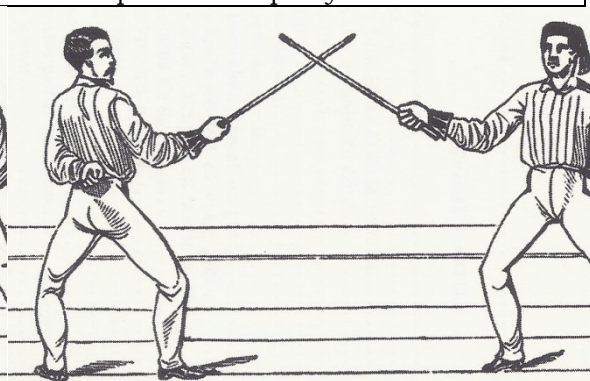
39- head parry after a flying thrust



40- head blow chop forward after a flying thrust upon a head parry



41- double thrust with both hands



42- the professor places his pupil facing him, in true guard, hand in quarte